TAÇESE

PROJECT FILE

Tobacco Use Prevalence Among Adolescents in Formal Education and Evaluation of the Effectiveness of a School-Based Addiction Intervention (SBI) Programme

Project Objective

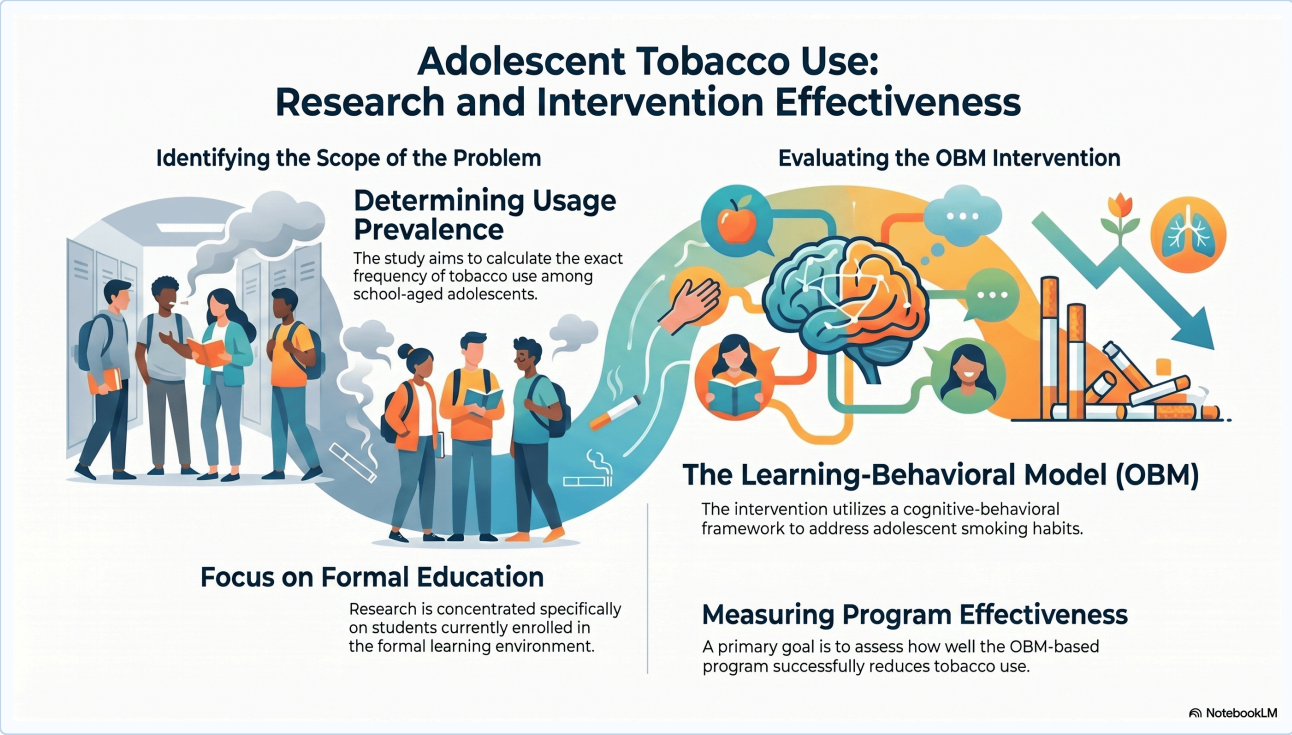
Adolescence is a period of profound physical, cognitive, behavioural, and social transformation. Highly susceptible to environmental influences, adolescents may engage in risk-taking behaviours during this stage that can persist well into adulthood. Tobacco use ranks among the most prevalent of these behaviours. This project aims to determine the prevalence of tobacco use among middle and high school students in selected districts of Istanbul, to analyse the associated risk factors, and to implement the School-Based Addiction Intervention (SBI) programme through school counsellors — a structured, evidence-informed intervention model. The project further seeks to identify implementation challenges, propose practical solutions, evaluate the programme's effectiveness, and develop policy recommendations for its broader dissemination.

Scope

The project is designed as a mixed-methods, multi-phase research study comprising three core phases. Both cross-sectional data collection and quasi-experimental intervention designs will be employed within an integrated methodological framework.

- Phase I: Assessment of Tobacco Use Prevalence and Risk Factors
- Phase II: Training of School Counsellors
- Phase III: Implementation of the SBI Intervention

Expected Outcomes

The project holds significant potential to address the methodological and coverage gaps present in the existing literature on school-based addiction interventions. It is expected to lay the groundwork for the development of replicable and scalable models in previously understudied settings, including private schools.

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