TUSEB TAÇESE
TÜRKİYE ANNE, ÇOCUK VE ERGEN SAĞLIĞI ENSTİTÜSÜ

PROJECT FILE

Empowered by Knowledge, Protected by Awareness: Sexual and Reproductive Health Awareness Project

Project Objective

The primary aim of this project is to develop inclusive, evidence-based, and sustainable education modules on sexual health and personal boundaries, tailored to the specific needs of diverse target groups — including children, adolescent girls, and women — residing in institutions under the Istanbul Provincial Directorate of Family and Social Services. The project further seeks to enhance the health literacy and level of knowledge of individuals within these settings.

In addition, the project aims to deliver train-the-trainer programmes for care staff and health personnel employed at these institutions, thereby ensuring the long-term sustainability of educational activities. The dissemination of training content through digital platforms is intended to extend the reach and lasting impact of the project to wider society.

Scope

Tailored education modules will be developed by subject matter experts for each target group. Sessions will be delivered in face-to-face format on designated dates. Programme effectiveness will be assessed through pre-test and post-test questionnaires administered to participants.

Expected Outcomes

By the end of the project, participants are expected to have:

- Developed awareness around personal boundaries and privacy;
- Gained access to accurate and reliable information on sexual and reproductive health;
- Acquired knowledge of protective measures against unintended pregnancies and sexually transmitted infections;
- Enhanced their capacity to access health services and seek professional counselling.

The project is conducted in partnership between the Türkiye Maternity, Child and Adolescent Health Institute (TAÇESE) and the Ministry of Family and Social Services. Academic staff from the University of Health Sciences, Kocaeli University, Istanbul University–Cerrahpaşa, Istanbul Kültür University, and Istanbul University are contributing to relevant work packages in their respective areas of expertise. This interdisciplinary collaboration brings together the strengths of multiple institutions, enabling the project to go well beyond conventional training activities. In doing so, it advances health knowledge, develops innovative technology-integrated solutions, and generates research and development outputs applicable at both policy and practice levels.